



# Athletes with Disabilities

For years, the IHSA has focused upon reasonable accommodations to allow student-athletes with disabilities to be integrated to the maximum extent possible in IHSA sports and activities. The IHSA has promoted inclusion of student-athletes with disabilities wherever possible, focusing upon the various benefits of participating in extracurricular athletics or activities, which would include socialization, improved teamwork and leadership skills, as well as fitness.



For Athletes with Disabilities, the IHSA offers sports programs in the following:

- Boys & Girls Bowling
- Boys & Girls Swimming
- Boys & Girls Track & Field

For the 2022-23 school year, schools who wish to enter Athletes with Disabilities must do so through the Sport and Activity Tracker in Schools Center by the following dates:

Girls Swimming	September 28
Boys Bowling	December 14
Girls Bowling	January 4
Boys Swimming	January 18
Girls T & F	April 12
Boys T & F	April 19

Athletes with Disabilities who need accommodations to participate can request those from the IHSA. The Request for Accommodations Form can be found on the IHSA website or by entering the following address into your browser:

<http://www.ihsa.org/documents/forms/current/Request%20for%20Accommodation%20Form.pdf>

For questions about Athletes with Disabilities programming or accommodations, please contact:

IHSA ADA Coordinator  
Kraig Garber  
kgarber@ihsa.org  
309.663.6377

